

**DISSERTATION TITLE:**  
**FACTORS CONTRIBUTING TO INCREASING DROPOUTS OF HIV POSITIVE  
CLIENTS FROM CTC IN KASULU DISTRICT**  
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**ABSTRACT**

The descriptive cross-sectional study type was conducted at Kasulu district to determine factors contributing to increasing dropouts of HIV positive clients from CTC service.

A total of 70 HIV positive clients dropped from CTC services and 14 CTC services providers were purposively included in the study, and information were gathered by using observation guide, self administered questionnaires and review of records.

From the research findings, the study observed that 62(89%) reported that among the reasons influenced PLWHA to drop from CTC services were stigma and discrimination among the community members. The study further found that 51(73%) of respondents do feel bad to get CTC services being separated from other patients. Either, the study found that 52 (74.2%) of the respondent walk more than 10 km to reach the CTC services.

It was then recommended from this study that, there is a need for CHMT and other stake holders to increase number of CTC centers to all Health centers including mobile CTCs in order to bring the services closer to the clients, so as to decrease number of dropouts due to long distance. Either, Community education against stigma and discrimination to PLWHA should be considered by the CHMT so as to make the clients comfortable to access the CTC services. Also, to ensure sustainability of clients to the CTC service counselors should clearly sensitize HIV positive clients on the benefits of continuing with CTC services. Either, BASNEF was found to be the ideal model in an attempt to address the dropouts of PLWHA from CTC services and its consequences in Kasulu District. All factors that influence PLWHA and community behaviours towards dropout from CTC in Kasulu District found to be addressed with Subjective Norm and Enabling Factors from BASNEF. Thus by applying BASNEF, dropout and its consequences will be reduced.